

24 Hour Urine Collection INSTRUCTIONS FOR LABORATORY TESTING

New Hanover Regional Medical Center

Supplies: 24-hour urine specimen container and collection hat.

Instructions:

- 1. Urinate into toilet. Empty bladder completely. Write down time (this is the start time).
 - a Do not collect the first urine
- 2. Collect all urine in the specimen container for the next 24 hours.
- 3. Label the container with the following information:
 - a. Patient First and Last Name,
 - b. Patient Date of Birth.
 - c. Start date and time.
 - d End date and time

IMPORTANT NOTE: Urine must be kept cold. Keep the specimen container on ice or refrigerated during the 24 hour collection period. Keep the container out of reach of children.

4. Deliver the container to one of our Outpatient Laboratory Services listed below, as soon as possible.

Novant Health Lab Services – New Hanover Novant Health Lab Services – Leland 1415 Medical Center Dr. Wilmington, NC 28401 7:00 AM to 5:00 PM, Monday thru Friday 8:00 AM to 12:00 PM, Saturday Phone: 910-667-6028 Option 1

1333 S Dickinson Dr, Suite 110 Leland, NC 28451 Phone: 910-667-6028 Option 2

Novant Health Lab Services – Supply 545 Ocean Highway West, 2nd Floor, Suite 204 Supply, NC 28462 8:00 AM to 5:00 PM, Monday thru Friday 8:00 AM to 5:00 PM, Monday thru Friday Phone: 910-667-6028 Option 3